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On the cover

Donna Bryan, Athens area puppy adviser for the Guide Dog Foundation [for the Blind], poses on the University of Georgia campus in Athens with, from left, Bretagne, Cici and Eliza, canine participants in the Dawgs Raising Dogs program. (Photo courtesy of Andrea Beltran / Guide Dog Foundation)

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From THE EDITOR

'A breath of fresh air'

My heart was filled with hope and a renewed sense of confidence in our community and state when I read through the May 2022 *Georgia Magazine*. [See *bit.ly/gmg0522*.]

Our cultural messaging is so inundated lately with disharmonious and isolating content, and I was tempted to put the publication aside, assuming it would be filled with more of the same. I was even skeptical of the promoted book for Ag Week called "How to Grow a Monster." [See Currents, page 16; bit.ly/agga522.] I was ready to be disappointed when I listened to the [audiobook] online just to satisfy my own curiosity and

Growing young GARDENERS

By II

MUST Ministries:

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Development of the control of the control

prove my negative expectations. Of course, I was pleasantly surprised to find out it was actually about gardening!

I was also pleased to see ministry groups I'm familiar with, like MUST Ministries [see "Parity, not charity," page 18; *bit.ly/must522*], and a heartwarming story about the

PARITY y not charity when the control of the contro

Giving Kitchen [see page 22; bit.ly/tgk522]. And to publish (finally) a factual communication piece about solar panels so consumers can start to make informed decisions when considering conversion to an expensive system for their homes was also shockingly honest. [See "Rooftop solar: Get the facts without the fiction," page 21; bit.ly/rftso522.]

Thank you for such a breath of fresh air. It is much appreciated! Please keep up this type of content. We have enough of the alternative.

-Lora Mann, Suwanee

I adore your magazine, and I read it with my mother. Thank you!

—Deborah Jenkins-Mann, Appling

Fantastic fairs

I enjoyed the article in the August issue on the Georgia National Fair, as we do our best to attend each year. [See Around Georgia, "Step right up, ladies and gentlemen," page 23; bit.ly/gafair822.] I also noticed the listings of other Georgia fairs with the story and saw that the Southwest Georgia Regional Fair was not included.

Here is that information. The Southwest Georgia Regional Fair will return this year to the Exchange Club Fairgrounds on Westover Road in Albany Oct. 25-30. It features Strates Show rides, live musical entertainment nightly, fair food and games. Friday night there's a demolition derby. (229) 436-8827.



exchange club of albany. org.

—Claud Harrold, Sumter EMC member and Exchange Club of Albany public relations co-chairman, Leesburg

Share your thoughts. Email us at *magazine@georgiaemc.com*. Please include your name, address and phone number. Letters may be edited for clarity and space.

Having pets brings love into our lives. They give affection, we give it back and all are better for it.

In this pet-themed issue, we examine the bonds between pets and their people as well as how some Georgians are going above and beyond to help companion animals.

College classrooms might be the last places you'd expect to find puppies, but not if those classrooms are on the University of Georgia (UGA) campus in Athens. The presence of these fourlegged students can be explained by the university's partnership with the Guide Dog Foundation, an organization that trains and places service animals.

Read "Puppy love," starting on page 16, to find out how UGA students, together with the foundation, are training and socializing dogs for the blind and visually impaired.

Drs. Terrence Ferguson and Vernard Hodges are familiar to many pet lovers. The two veterinarians are the stars of "Critter Fixers: Country Vets," a National Geographic Wild channel reality series about their rural Georgia veterinary practice.

See page 20 to learn more about how they bring heart and humor to treating a diverse array of animals while telling their own stories about what it means to be a black veterinarian in a small town.

Although dogs and cats are by far the most common pets to rescue and adopt, other kinds of animals do end up in shelters. With organizations devoted to saving animals such as potbellied pigs, guinea pigs, rabbits and reptiles, there are plenty of options if you'd like to bring home a different kind of furry—or scaly—friend.

Read "Beyond the dogs and cats," starting on page 28, to discover how several Georgia organizations are working to improve the lives of these animals.

Enjoy!

Laurel George Editor





HARBOR HOPPING

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EDITOR Laurel George
MANAGING EDITOR Jennifer Hewett, CCC
PRODUCTION MANAGER Gayle Hartman
ASSOCIATE EDITOR Amy Schneider
ASSOCIATE EDITOR Jim Jess
ASSOCIATE EDITOR Lindsay Penticuff
STAFF ASSISTANT Mae Coleman
EDITORIAL INTERN Rinn Norman

ADVERTISING REPRESENTATIVE Harold Chambliss, (678) 906-4050

NATIONAL ADVERTISING REPRESENTATIVE American MainStreet Publications, (800) 626-1181

DESIGNERS Trudie Thibodeaux, Kerstin Weis

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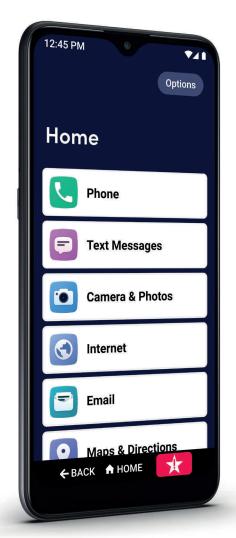








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Milton first responders

ride to the rescue

he north Fulton County city of Milton has a horse in its logo, an indication of the area's abundance of horse owners and farms. And just like people, those creatures often need help getting out of a bind, be it a muddy ditch or a busy intersection. Milton police Lt. Chris Ward says not a month goes by without a call involving some sort of equine crisis.

But while first responders may be experts in CPR and triage for humans, not many are adept at wrangling a 600-pound horse.

"A lot of people in the department weren't experienced with horses, and we saw a need to train them on how to be around horses," fire battalion Chief Roth Hutcheson says.





City of Milton firefighters took part in specialized training in June to learn how to help horses in case of emergencies or fires.



Above: Milton Police Officer Kelsea Graham guides a horse during a training session. Below left: First responders practice how to use an A-frame. The Milton Fire Department's TLAER (Technical Large Animal Emergency Rescue) unit uses this specialized equipment to lift animals that cannot stand up or to extricate them from hazards such as sinkholes.

In 2008, a City Council member offered his horse farm as a training ground, and police and firefighters were taught the basics: how to gauge the animal's mood, how to put on a halter and how to use peppermints or rustling potato-chip bags to lead the horse to safety. Officers also were sent to a three-day course in Gray to learn large-animal rescue techniques. Eventually, the city raised the funds to purchase specialized equipment to help in responses to such emergencies.

"We started with a trailer, but now we have a truck that carries an A-frame to lift a horse off the ground and a sling to put it in," Hutcheson says. "We have herding equipment and a hose that can get a horse out of the mud. And, yes, we have candy on there, too."

The city's 45 police officers have been through lessintensive sessions on catching and corralling stray equines.

"It's basically feeling comfortable around a horse and [knowing] how to put a halter on," Ward says. "There's not much to it, but we have some officers who do not like animals in general, [much] less animals of that size. Typically, if we get a call, we'll send out officers who feel more familiar with them. And in a worst-case scenario, we knock on a farm's door and ask for help. People will run out to help the horses."

It's not just horses that the fire and police departments have helped, says Officer Kelsea Graham, who has been around horses most of her life and competes as a barrel racer.

"The horse calls are pretty frequent, but it might also be goats or cows," she says. "The cows will go where you direct them, but the goats are a little harder to catch."

—H.M. Cauley

Georgians recognized at James Beard

Foundation awards

t the James Beard Foundation's (JBF) Restaurant and Chef Awards this summer, the JBF honored Mashama Bailey, co-owner of and head chef at The Grey in Savannah, with its Outstanding Chef Award and The Busy Bee Café in Atlanta with an America's Classics Award.

"[At The Grey], we're all completely humbled by this experience," Bailey says. "Being seen feels very special coming from an organization like the James Beard Foundation, especially in such a demanding industry."

The JBF Restaurant and Chef Awards, which were held June 13 in Chicago, are among the highest honors in the culinary world and restaurant industry.

"Today, a little black girl or a little black boy can see [herself or himself] as a future Outstanding Chef," Bailey said in her acceptance speech. "They can see themselves in a space that they have never seen before and do what they cannot think is possible, and, until just a few minutes ago, that was me, so thank you."

Bailey was born in New York City, attended grammar school in Savannah and spent many summers at her grandmother's home in Waynesboro. She learned about cooking from her family and studied at the Institute of Culinary Education in New York and abroad in France. In 2014, she returned to Savannah to open The Grey in a former Greyhound bus station.

"Living and cooking in Savannah [have] allowed me to find my voice," Bailey says.

Bailey is no stranger to the JBF awards. In 2015 The Grey was named a semifinalist for Best New Restaurant, and in 2019, Bailey was named Best Chef Southeast. That same year, Bailey and The Grey were featured on Season 6 of Netflix's "Chef's Table."

In February, the JBF announced its winners of the 2022 America's Classics

Awards. This award is presented to "locally owned restaurants that have timeless appeal and are beloved regionally for quality food that reflects the character of [their communities]." These winners were celebrated at the June awards ceremony.

Among the Classics winners was The Busy Bee Café in Atlanta, owned by Tracy Gates. Opened in 1947 by Lucy Jackson, The Busy Bee was frequented by civil rights activists such as Martin Luther King Jr. and U.S. Rep. John Lewis. It is now a local and tourist destination known for its Southern comfort staples, such as fried chicken, cornbread, collard greens and peach cobbler.

For more information about the James Beard Foundation and its award winners, visit bit.ly/jamesba22. To



Mashama Bailey accepts the James Beard Foundation's 2022 Outstanding Chef Award.

learn about these Georgia restaurants, visit thegreyrestaurant.com and thebusybeecafe.com.

—Rinn Norman



Perry International Festival showcases diverse cultures



Although Georgia is widely known for its cultural diversity, this month Middle Georgia is celebrating its own melting pot with the 2nd Annual Perry International Festival on Sept. 24.

More than 20 cultures will share their dance, song, food and artwork at the festival. The event will celebrate traditions from countries such as China, Brazil, Mexico and France.

"The mission of the Perry International Festival is to promote the preservation of heritage and tradition through cultural education and entertainment," says Anya Turpin, the city's special events coordinator.

The festival's international flavor will be reflected in a car show, a marketplace of vendors and three stages with performances focusing on diversity, heritage and wellness.

"It is my hope that visitors will feel more connected to their own heritage through this festival as well as become more understanding and appreciative of other cultures," Turpin says.

For more information about the Perry International Festival, visit bit.ly/perryif or call (478) 988-2758.

—Rinn Norman

Please call or check event websites to ensure that these events are taking place before you go.

Various Locations

Your State Park Day, Sept. 24, various state parks. Cleanups, trail work, volunteer workdays. See website for a list of participating state parks. explore.gastateparks.org/events.

North Georgia

U-Pick Apples, Aug. 27-28, Sept. 3-5, 10-11, 17-18, 24-25, Red Apple Barn, Ellijay. Pick apples, pumpkins and flowers, plus play games and picnic by the creek. (706) 635-5898. redapplebarn.com.

First Fridays, Sept. 2, Town Green, Rome. Music by Rock the '90s band, with opening act Saints-N-Rebels. (706) 236-4520. bit.ly/romffri.

First Friday Fest: Sweet Charity, Sept. 2, Rock House, Clayton. Band plays music from the '50s to the '90s. (706) 212-9958. visitclaytonga.net.

14th Annual Folk Pottery Show & Arts Festival, Sept. 3, Sautee Nacoochee Cultural Center, Sautee Nacoochee. Works by local and regional artists for sale. (706) 878-3300. bit.ly/snfpsaf.

32nd Annual Running Water Powwow, Sept. 3-4, Ridge Ferry Park, Rome. Native American Cherokee homecoming and Ripe Corn Festival, native dancing, crafts, food, 5K run/walk and educational programs. (706) 584-6748. bit.ly/fbrwpow.

"His Last Days," Sept. 3-4, Scenic Loop 15, off Hwy. 441/23, Tallulah Falls. The 38th annual presentation of Georgia's Passion play with actors, choirs that portray the last days of Jesus' life and his resurrection and ascension; bring lawn chairs. (706) 769-5271. hislastdaysdrama.com.

Apple Pickin' Jubilee, Sept. 3-4, 10-11, 17-18, 24-25, Hillcrest Farms, Ellijay. Apple picking, petting farm, wagon rides, pig races, music, appletree maze. (706) 273-3838. hillcrestorchards.net.

52nd Annual Oktoberfest, Sept. 8-11, 15-18, 22-25, 29-Oct. 30, Helen Festhalle, Helen. German music, dancing, food and drinks. (800) 858-8027. helenga.org.

Gold Rush Summer Concert, Sept. 9, Mill Amphitheater, Villa Rica. Rumours, a Fleetwood Mac tribute band, performs. (678) 840-1160. bit.ly/dtvrsumc.

Pizza, Pints & Pigskins, Sept. 10, Logan Farm Park, Acworth. Experience Italian pies from



25th Annual Atlanta Hong Kong Dragon Boat Festival, Sept. 10, Lake Lanier Olympic Park, Gainesville. Festive dragon boats compete in paddling races on Lake Lanier. (678) 316-5031. dragonboatatlanta.com.

restaurants in Cobb County, plus music, beer garden, kids' zone, football activities and football games on big TV screens throughout the day. Evening concert by The Return—The Ultimate Beatles Tribute Band. (770) 423-1330. bit.ly/pppigsk.

Scotty McCreery, Sept. 10, Northside Hospital Cherokee Amphitheater, Woodstock. "American Idol" winner and chart-topping country musician performs. (770) 924-0406. bit.ly/wdstkcs.

Southern Gospel Concert, Sept. 10, Historic Ritz Theatre, Toccoa. The Perrys perform Southern gospel music as part of this summer and fall concert series. (706) 491-3063. bit.ly/ritztoc.

Wildlife Festival, Sept. 10, Elachee Nature Center, Gainesville. Reptiles, raptor demonstrations, petting zoo, tree climbing. (770) 535-1976. elachee.org.

Franklin Pond Chamber Music, Sept. 11, Sautee Nacoochee Cultural Center, Sautee Nacoochee. Performance by string students in grades six through 12. (706) 878-3300. snca.org.

4th Annual Upper Chatt SUPCAK Paddle Race, Sept. 17, Don Carter State Park, Gainesville. 16K and 5K races for stand-up paddleboarders, kayakers, outriggers and canoeists, plus water activities for kids; register by Sept. 15. (706) 865-2832. bit.ly/pdupchat.

Ivan Duke Band, Sept. 17, Town Green, Braselton. Pendergrass guitarist/vocalist performs. (706) 654-3915. bit.ly/braseltg.

Painted Fern Festival, Sept. 17-18, Rabun County Civic Center, Clayton. More than 40 members of the North Georgia Artist Guild showcase painting, photography, jewelry and pottery. (678) 456-2697. bit.ly/pfafclaytn.

52nd Annual Arts and Crafts Fair, Sept. 24, Rock Spring United Methodist Church, Rock Spring. Arts and crafts booths, food, music, kids' zone with inflatables, pony rides, tractor show, quilt display. (706) 810-8199. rockspring.church.

Pig Out and Car Show, Sept. 24, Rolater Park, Cave Spring. Barbecue competition, barbecue tasting, car show. (706) 331-3005. bit.ly/cavsprgs.

MOTUL Petit Le Mans, Sept. 28-Oct. 1, Road Atlanta, Braselton. Four days of International Motor Sports Association racing. (800) 849-7223. bit.ly/motulplm.

Going Caching 2022, Sept. 28-Oct. 2, Ridge Ferry Park, Rome. Geocaching vendors, adventure games, puzzle-solving class, geocachers from around the world. (706) 767-0337. goingcaching.com.

Currahee Military Weekend, Sept. 29-Oct. 2, downtown, various locations, Toccoa.

Re-enactments, Currahee Mountain run, parade, banquet. (706) 282-5505. bit.ly/currhist.

Atlanta Metro

India American Cultural Association Artists Exhibit, through Sept. 23, Alpharetta Arts Center, Alpharetta. Works by artists of the Indian diaspora celebrate Indian culture. (678) 297-6165. bit.ly/indiacuart.

Waking Wonderland, Aug. 23-26, 29-Sept. 2, 4-5, Illuminarium, Atlanta. Experience the world of author Lewis Carroll through a narrated, immersive show with interactive technology and props to meet the Queen of Hearts, the Cheshire Cat and the Mad Hatter. (404) 341-1000. illuminarium.com.

National Juried Arts Show, Sept. 1-29, Cultural Arts Center, Douglasville. Juried works from artists nationwide, featuring paintings, mixed media, sculptures and photography. (770) 949-2787. artsdouglas.org.

36th Annual Art in the Park, Sept. 3-5, Marietta Square, Marietta. More than 150 artists, music, chalk art, children's activities. (404) 966-8497. artparkmarietta.com.

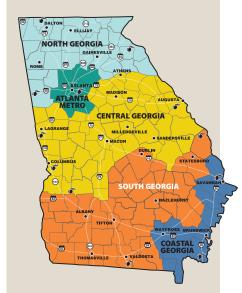
54th Annual Yellow Daisy Festival, Sept. 8-11, Stone Mountain Park, Stone Mountain, More than 300 artists and crafters display and sell their works, plus craft demonstrations, festival food. (800) 401-2407. stonemountainpark.com.

Bob Baldwin, Sept. 9, Callanwolde Fine Arts Center, Atlanta. Contemporary jazz pianist and composer performs. (404) 872-5338. callanwolde.org.

Cobb Foodie Week, Sept. 10-17, various locations, Cobb County. Weeklong culinary



Disney On Ice, Sept. 21-25, State Farm Arena, Atlanta. Two Disney animated classics—"Frozen" and "Encanto"—come to life on the ice. (800) 844-3545. disneyonice.com.



Regions are determined by the Georgia Department of Economic Development. See its online calendar at www.exploregeorgia. org for additional events.

event to experience the county's dining options with meal deals, discounts, giveaways. (678) 303-2622. cobbfoodieweek.com.

Gwinnett County Fair, Sept. 15-25, Gwinnett County Fairgrounds & Expo Center, Lawrenceville. Livestock shows, carnival rides, games, entertainment. (770) 963-6522. qwinnettcountyfair.com.

Taste of Smyrna, Sept. 17, Village Green, Smyrna. Restaurants, kids' activities, entertainment. (770) 423-1330. bit.ly/jrmsmyrna.

JapanFest, Sept. 17-18, Gas South District, Duluth. Music and dance, martial arts, cultural workshops, anime (animated shows and films), Japanese food, beer garden. (404) 842-0736. japanfest.org.

North Georgia State Fair, Sept. 22-Oct. 2, Jim R. Miller Park, Marietta. Carnival midway, concert series, beauty pageant, petting zoos, food, flower show; blue-ribbon competitions for handmade goods, fruits, vegetables and artwork. (770) 423-1330.

northgeorgiastatefair.com.

Eddie and Mayi Lopez & Orquesta MaCuba, Sept. 23, Callanwolde Fine Arts Center, Atlanta. Enjoy the 13-piece band with vocalists and full brass, percussion and rhythm sections. (404) 872-5338. callanwolde.org.

Art in the Park, Sept. 24, Brooke Street Park, Alpharetta. Handcrafted works include pottery, woodwork, metalwork, jewelry, children's clothing, photography, paintings and mosaics. (678) 297-6000. bit.ly/alphartp.

Sandy Springs Fall Arts and Crafts Festival, Sept. 24-25, 6100 Lake Forrest Drive, Sandy

EVENTS Calendar

Springs. Arts, crafts, artist demonstrations, music, children's play area. (404) 873-1222. bit.ly/ssprart.

Kansas, Sept. 30, Byers Theatre, City Springs, Sandy Springs. Hear classics including "Carry On Wayward Son," "Dust In The Wind," "Point Of Know Return," "Song For America" and "Hold On." (404) 477-4365. bit.ly/csprngkans.

Central Georgia

Silver Linings, through Oct. 15, Artisans on the Square, Greenville. Photograms created by artists Ann Beason and Merri Lawrence of LaGrange. (404) 386-1328. bit.ly/grnvart.

The Temptations and the Four Tops, Sept. 11, Macon City Auditorium, Macon. Motown's favorite groups perform their hits. (478) 803-1593. bit.ly/macpaud.

Historic Pews & Pulpits Ramble, Sept. 16, various locations in Greene, McDuffie, Taliaferro, Warren and Hancock counties. Tour of historic churches. (706) 453-0380. bit.ly/histpew.

"Murder in Coweta County," Sept. 17, Pike County Courthouse, Zebulon. See the film starring Andy Griffith and Johnny Cash that tells the story of the county's most infamous crime; call to reserve free tickets. (770) 567-2014. bit.ly/fojlib.

Myths, Legends & Folk Tunes, Sept. 17, Bill Heard Theatre, Columbus. The Columbus Symphony Orchestra performs "The Firebird Suite" by Stravinsky, "Pictures at an Exhibition" by Mussorgsky and Ravel and "Overture, on Three Russian Themes" by Balakirev. (706) 256-3612. csoga.org.

Night Hike, Sept. 17, Hamburg State Park, Mitchell. Walk the Yellow Trail. Listen for night sounds and discuss the Fall Line and the history of the park. (478) 552-2393. bit.ly/gsphamb.

The Side Street Strutters, Sept. 20, Griffin Auditorium, Griffin. Vocalist Mel Collins and the band celebrate their 40th anniversary and perform American jazz classics. (770) 228-3229. griffinconcerts.org.

Yamma Ensemble, Sept. 22, Hugh Hodgson Concert Hall, Athens. Original Hebrew music and traditional songs of the Jewish diaspora. (706) 542-4400. bit.ly/yammaens.

Byron Fire Department Health Fair and Fire Fun Day, Sept. 24, North Peach Park, Byron. Free health screenings, bounce houses, car-seat checks, food trucks, fire trucks, an air evac helicopter and a roll-over crash simulator. (478) 956-3611. bit.ly/byrfire.

Masonic Lodge Classic Car Show, Sept. 24,

Roberta City Park, Roberta. Awards for the top 20 classic cars and trucks, Kids' Choice award, food and raffles. Show benefits local community-relief efforts. (478) 955-0580.

STEAM Day: Sukkot, Sept. 29, Biblical History Center, LaGrange. An educational morning about the Jewish celebration of Sukkot for students ages 6-12. (706) 885-0363. biblicalhistorycenter.com.

South Georgia

Fridays on the Flint, Sept. 9, Veterans Park Amphitheatre, Albany. Thomas Merritt Band plays blues/rock music. (229) 302-1401. bit.ly/fntrivec.

Music in the Art Park, Sept. 9, Turner Center for the Arts, Valdosta. 2 River Station duo performs music by a variety of artists, including Adele and Rascal Flatts. (229) 247-2787. turnercenter.org.

River South Art and Music Festival, Sept. 10, downtown, Bainbridge. Music, visual arts, art demonstrations. (229) 248-2000, ext. 127. bit.ly/dtbainb.

Sprint on the Flint Triathlon, Sept. 10, Earle May Boat Basin Park, Bainbridge. 400-meter swim, 10-mile bike ride and 5K run. (770) 851-9706. bit.ly/sprntfnt.

Hodgetwins, Sept. 16, Tift Theatre, Tifton. Stand-up comedian twins Keith and Kevin Hodge share their conservative political commentary. (229) 386-5150. bit.ly/hodgetift.

33rd Annual Brooklet Peanut Festival,

Sept. 17, downtown, Brooklet. Celebrate the peanut with a parade, entertainment, tractor races, arts, crafts. (912) 481-1742. brookletpeanutfestival.com.

Heather Land: The Age Gap Tour, Sept. 23, Tift Theatre, Tifton. Comedienne, author and singer tells it like it is with sarcasm and Southern charm. (229) 386-5150. bit.ly/heathrtift.

"The Story of Hansel and Gretel," Sept. 23-25, 30-Oct. 2, Theater Guild Valdosta, Valdosta. Musical based on the story of two adventurous youngsters who encounter a witch in the forest. (229) 247-8243. bit.ly/tgvald.

Coastal Georgia

KanStyx: Tribute to the Music of Kansas & **Styx**, Sept. 3, Tybee Post Theater, Tybee Island. Georgia musicians perform hits from these two classic and progressive rock bands. (912) 472-4790. bit.ly/kanstyx.



Gopher Tortoise Festival, Sept. 30-Oct. 1, Central Square Complex, Douglas. Arts, crafts, entertainment, food trucks, animal shows. (912) 384-1873. visitdouglasga.org.

Labor Day Commemoration, Sept. 3, Fort Morris State Historic Site, Midway. Blacksmithing, woodworking and demonstrations of other early trades, plus musket and cannon firings. (912) 884-5999. bit.ly/gspftmo.

Antique Show, Sept. 3-4, Postell Park, St. Simons Island. Arts, antiques, decor, furniture, collectibles. (912) 638-9014. bit.ly/ssiantiq.

Little Light Music, Sept. 4, St. Simons Lighthouse, St. Simons Island. Concert features the band Sounds of Motown, (912) 634-7090. bit.ly/cghsmusic.

Laborer's Day, Sept. 5, Fort King George State Historic Site, Darien. Celebrate Colonial trades and crafts with woodworking, weaving and candle-making demonstrations. (912) 437-4770. bit.ly/gspftkg.

Smokestack, Sept. 10, St. Marys Waterfront Park, St. Marys. Blues and other music from the '70s and later. (912) 882-4000. visitstmarys.com.

18th Annual Blues, Brews & BBQ Festival,

Sept. 17, downtown, Hinesville. Barbecue competition, beer garden, local and regional blues musicians, kids' zone with bounce house, art show and street market. (912) 368-4445. libertycounty.org.

Perpetual Groove, Sept. 23, Victory North, Savannah. A night of Southern rock, funk, jazzy improvisation, indie rock and synth loops. (912) 323-2616. victorynorthsavannah.com.

Crafts Along Newcastle, Sept. 24, Queen Square, Brunswick. Local crafters and artisans showcase and sell pottery, jewelry, fabric, wood, photography and gourmet foods. (912) 265-4032. *discoverbrunswick.com*.

Events for the December 2022 issue are due by Sept. 15.

Email calendar@georgiaemc.com. See more event listings at georgiamagazine.org.



Savoy Automobile Museum





GreyStone Power gives children

access to books

hanks in part to an Operation Round Up donation from the GreyStone Power Corp. Foundation in Hiram, the Cobb Collaborative achieved its goal of installing 21 Little Free Libraries in Cobb County in 2021. The final three of the 21 libraries were installed in December.

The foundation donated \$2,850 to the Cobb Collaborative in July 2021, which was used to construct and install five Little Free Libraries in the cooperative's service territory and stock the libraries with "starter books" for children in English and Spanish.

The Cobb Collaborative Little Free Libraries were placed in areas where children are living in poverty, with a goal of giving them access to books that will help them develop a love of reading and give them a better opportunity to succeed in school. (For more information about Little Free Libraries, see "Share a story!" in *Georgia Magazine*'s December 2016 issue at *bit.ly/gm1216lfl*.)

GreyStone has continued its support of the Cobb Collaborative's ongoing work to install Little Free Libraries this year. A library supported by the co-op was dedicated at Pine Street Park in Austell on July 1.

In Operation Round Up, members opt to round their monthly bills to the next dollar, and the difference goes into a fund that supports local charitable causes.



Celebrating the installation of a Little Free Library at the South Cobb Early Learning Center in Mableton are, from left, Deputy Omar Newell, a member of the Cobb County Sheriff's Office community engagement team; Will Carter, trustee chairman at St. Luke United Methodist Church in Mableton; Tresa Snow, then-director of the South Cobb Early Learning Center; and Carlos Garcia, Hispanic liaison for the Cobb County Sheriff's Office community engagement team. A donation from GreyStone Power Corp. enabled the Cobb Collaborative to install five Little Free Libraries last year.



From left, Selena Landaverde, Isabella Ledford, Kendal Cofer and Jacob Perry enjoy a visit to the Georgia state Capitol during Jefferson Energy Cooperative's Georgia Youth Tour on June 27.

Jefferson Energy Cooperative takes youths to Georgia capital

fter a two-year hiatus caused by the pandemic, the Washington Youth Tour took place again this summer, and many Georgia cooperatives sent student delegates on the educational and leadership-building experience in Washington, D.C. Jefferson Energy Cooperative in Wrens offered a different opportunity to four students in its service territory: the Georgia Youth Tour.

Isabella Ledford of Thomson High School, Jacob Perry of Harlem High School, Kendal Cofer of Hephzibah High School and Selena Landaverde of Jefferson County High School accompanied chaperones from Jefferson Energy on a June 27 trip to Atlanta, where they visited the state Capitol, the World of Coca-Cola and the Georgia Aquarium.

At the Capitol, the rising seniors heard about the important roles that electric membership cooperatives (EMCs) play in the state from Alyse Murray of Tucker-based Georgia EMC. A historian from the University of Georgia in Athens shared information about state history as they toured the building and got a chance to sit in the Senate chambers.

The trips to the World of Coca-Cola and the Georgia Aquarium, while fun, also were educational. The students learned about how

Food for furry friends



Flint Energies collected nearly 550 pounds of pet food and cat litter at its Reynolds headquarters and Warner Robins office during June to donate to two local animal shelters, Friends of Perry Animal Shelter (FOPAS) and Faith Animal Rescue in Lizella. Lynne Gibbs (right), FOPAS volunteer director, accepts the donation delivered by Marian McLemore (left), Flint Energies vice president of cooperative communications, and Jennie Lacey, Flint Energies manager of cooperative communications.

professionals at the aquarium take care of the fish and sea mammals each day during a "Behind the Seas" tour. At the World of Coca-Cola, they found out about the Georgia bank that housed the vault containing the top-secret formula for the world-famous beverage and tasted flavors from throughout the world.

The day ended with dinner at Hard Rock Cafe, where the students were presented with certificates marking their participation in the event. Each student will receive a \$2,500 scholarship when he is or she is accepted into and enrolls in a college or university after graduation from high school.

Watch for information about this year's Washington Youth Tour and details about next year's tour in the January 2023 issue of Georgia Magazine.

SHORTTakes

Let's get real: Canoochee Electric Membership Corp. (EMC) in Reidsville donated \$2,000 in Operation Round Up funds to support Tattnall County Family Connection's Reality U workshop this fall. The one-day program for ninth graders at Tattnall County High School in Reidsville teaches students about financial literacy. Students envision themselves as 26-year-olds and make purchasing decisions based on their theoretical personal-finance scenarios that include factors such as credit card use, student debts, income and family situation. In Operation Round Up, cooperative members opt to round their monthly bills to the nearest dollar, and the difference is put into a fund that supports charitable causes in the community.

Community-builders: The Washingtonbased Rayle EMC Foundation awarded nearly \$40,000 in grants to several local organizations recently. Each of the following received a grant of about \$5,000: Wilkes County 4-H Club, Washington; Wilkes/Lincoln Farm Safety Camp, Washington and Lincolnton; Oglethorpe County Fire and Rescue, Crawford; Kettle Creek Battlefield Association, Washington; Washington Fire Department; Tignall Fire Department; Rayle Fire Department; and Wilkes County Fire Service in Washington. The donations came from Operation Round Up funds.

Art in the spotlight: Reynolds-based Flint Energies' Rural Murals program, which installs locally themed murals in towns served by the co-op, has earned national attention. The National Rural Electric Cooperative Association in Arlington, Va., posted a story about how the program builds community pride and energizes residents and businesses. Read more at bit.ly/flintmurals.



Educational funding: The Coastal Electric Cooperative Foundation in Midway donated \$20,000 in Operation Round Up funds to provide STEM (science, technology,

engineering and mathematics) and robotics equipment for the Liberty County Boys & Girls Club facility in Hinesville that is scheduled to open this year. The goal of the club is to provide educational and developmental opportunities to at-risk youths.



Class act: Whitney Zeagler, member service representative at Planters EMC in Millen,

was selected to be one of 25 professionals statewide in the 2022-24 class of Advancing Georgia's Leaders in Agriculture and Forestry. Zeagler will represent the state's electric cooperative



network in the leadership-development program, which is part of the College of Agricultural and Environmental Sciences at the University of Georgia in Athens.

Cooperative leadership: Sylandi Brown, marketing and communications specialist at Middle Georgia EMC in Vienna, became

a member of the board of directors for the Washington, D.C.-based National **Cooperative Business** Association CLUSA International on June 15. She was appointed unanimously at the



board's quarterly meeting in Denver, Colo., in June. The organization works to develop, advance and protect cooperative enterprise through partnerships in development, advocacy, public awareness and thought leadership.

Bookworms: Satilla Rural Electric Membership Corp. in Alma donated \$7,500 to be distributed among the media centers at Wayne County's five elementary schools.



Anneliese Sannes is teaching future service dog Mary (aka Mary Pawppins) how to navigate campus life at the University of Georgia in Athens. Mary is set to graduate from puppy training in February.

nneliese Sannes' family always has taken in stray animals. By the time she was in high school, she'd helped care for more than 300 dogs and cats, pitching in with duties such as dosing medicine and delivering puppies. So when she arrived at the University of Georgia (UGA) in Athens, she really missed being around them.

"I heard about the Guide Dog Foundation when I was going through sorority rush and found out more at a campus fair," says Sannes, now a senior in the animal science program, who plans to attend veterinary school. "I applied and started right away."

The New York-based Guide Dog Foundation for the Blind (GDF) was founded in 1946 to train guide dogs and provide them to the blind and visually impaired. While it costs about \$50,000 to breed, train and place each dog, recipients never pay for any GDF services.

At UGA, students who volunteer with the GDF are known

Keona Stafford and Mario, an apricot poodle, celebrate Stafford's graduation from the University of Georgia last year. Mario attended classes and study sessions with Stafford and helped her relieve her stress.

as Dawgs Raising Dogs. With nearly 200 volunteers and 75 dogs in training this year, they are the organization's second-largest group of student raisers.

Donna Bryan, Athens area puppy adviser for the GDF, says no experience is needed to be a puppy raiser. Volunteers learn about what's expected during the application process and are guided by group leaders and advisers who assist in tracking a dog's developmental and training milestones. Raisers are responsible only for buying a puppy's food, with the GDF covering all other necessities, including veterinary care.

Volunteers are matched with 8-week-old puppies from the GDF breeding program. Most GDF dogs are Labrador or golden retrievers, standard poodles or lab-retriever mixes—breeds known for intelligence and gentleness that also are large enough to safely guide adults.

GDF raisers teach their puppies house manners, how to

walk on a leash without pulling and how to respond to basic commands such as sit, down and stay. The human-dog pairs go to classes twice a month, where the dogs learn obedience and safe interaction with other puppies while their raisers can ask questions and share ideas.

After 16 to 18 months, the dogs "graduate" and are sent to the GDF headquarters in Long Island, N.Y., where they spend four months with certified trainers to learn how to guide a visually impaired person. Finally, the GDF brings in the dog's recipient so the pair can learn how to work together.

"They learn how to rely on and trust a dog to lead them," Bryan says. "It's a truly life-changing experience."

It is for the puppy raisers, too. Bryan joined the GDF as a puppy raiser her freshman year at UGA. During her time at school, she raised three dogs and became an area coordinator. Upon graduation in 2020, Bryan joined the GDF full time, as it let her combine a passion for helping people and animals.

"You have such a sense of community. I've made lifelong friends," she says. "Other puppy raisers know just what you're going through. They're a support system, a shoulder to cry on and your biggest cheerleaders."

Students can volunteer as full-time raisers or work with co-raisers. Those who can't commit to full-time raising can serve as "campers," relieving raisers who need time off for things such as school or work and maintaining a puppy's training regimen.

'A great stress reliever'

Keona Stafford, who graduated from UGA last year with a degree in biological science, joined the GDF with plans to co-raise a puppy in 2018. When

MORE

those plans changed, she took on Rose, a black Labrador retriever, by herself.

"I just really liked the whole concept," she says. "You get to give more independence to someone who needs it, and you get to spend time with a dog 24/7."

After releasing Rose to the GDF, Stafford was matched with Mario, an apricot poodle, in April 2020. COVID restrictions and Mario's stubborn personality meant that he stayed with Stafford for almost two years.

During that time, she never struggled to balance school and puppy-raising, turning to campers when she was overloaded with schoolwork or wanted to spare Mario from having to sit quietly during her work shifts at the UGA Veterinary Teaching Hospital.

"He came to all my classes and to study sessions," says Stafford, who wants a career working with animals and is considering going to veterinary school. "It was helpful to take a break from studying and play with him. He helped me focus and was a great stress reliever."

Occasionally, a puppy will have health or behavioral issues that prevent him or her from continuing his or her training. Those dogs have several options. Some are placed with the GDF's sister foundation, America's VetDogs, which matches dogs with veterans or first responders, often with special training for post-traumatic stress disorder. Others find success as detection dogs with security firms or the Bureau of Alcohol, Tobacco, Firearms and Explosives.

"We want to make sure they're doing something they're good at and that they enjoy," Bryan says. "Their best interest always comes first."

As a final option, dogs can be given a "career change" and retired as pets.

"I have three [career changers]," Bryan says. "It's bittersweet, because you know the benefit they could have had in someone's life. But you're not sorry to keep them."

That's what happened to Ion, the first service dog that Sannes raised for the GDF. Ion, a black Labrador retriever, lived with Sannes in the Delta Gamma sorority house. As a national organization, the sorority supports Service for Sight, which works on behalf of the blind and visually impaired; as part of that outreach, a member of the UGA chapter raises a puppy in-house each year.

Ion did well in his training, but he had food allergies that were determined to be a potential burden for the eventual recipient. He was retired from the program and adopted by a former GDF puppy raiser. This February, Sannes was matched with a second puppy, Mary #B220, also known as "Mary Pawppins."

"She's energetic, very smart and figures out the easy way to do things," Sannes says. "She's interested in everything, but the second you put on her [working-dog] vest and leash, she's almost too hard-working. We are trying to work on a good balance."



Rose was Keona Stafford's first puppy trainee from the Guide Dog Foundation. Stafford originally was going to co-raise a puppy, but plans changed, and she took on training Rose by herself.

'Nothing they don't encounter'

Mary, like other puppies, is learning about public transportation by riding UGA buses. She has gotten used to crowds, noise, stairs, elevators and traffic as she goes from apartments to classrooms to walks in downtown Athens. She also has learned how to handle the constant attention from other students and how to ignore the squirrels and birds that share the college campus.

"There's no place like a college campus to raise puppies," Bryan says. "There's really nothing they don't encounter."

Mary graduated from "puppy kindergarten" in May and has moved into training with the adult dog group.

"Mary is in a class with about 12 other dogs, including her brother, and they are all black Labs," Sannes says. "When we take them on an outing, like to Trader Joe's, and they are all in their vests, people just stop in their tracks [to look]."

Sannes, who will graduate from UGA in December, plans to stay in Athens until Mary graduates from puppy training in February. It's a small way to pay back all that the dog has meant to her.

"I have a buddy who goes with me everywhere I go. When I go into new classes, I'm never alone," she says. "Having a dog to cuddle and pet all the time—puppies are always the cure [for] everything."

Rosalyn Dunn is an Atlanta-based freelance writer.







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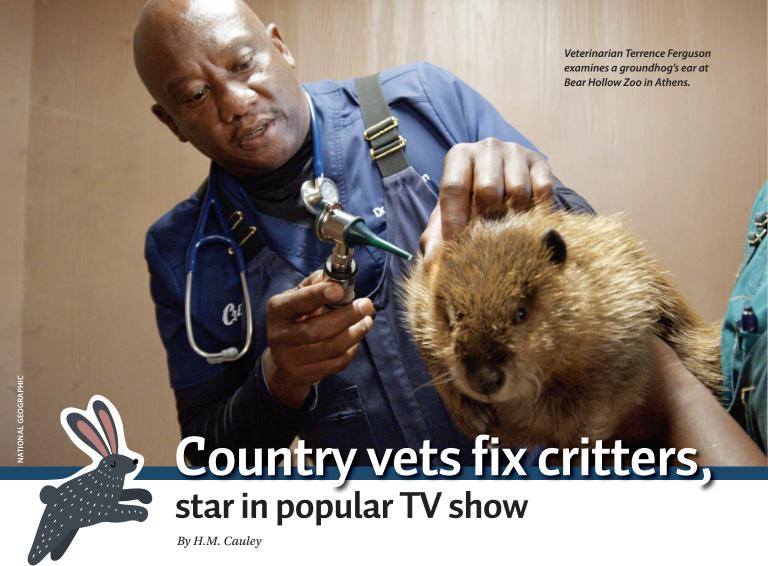




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Veterinarians Vernard Hodges, left, and Terrence Ferguson treat all kinds of animals at Critter Fixer Veterinary Hospital. Their adventures are highlighted on the hit TV show "Critter Fixers: Country Vets."

wenty-three years ago, while brainstorming names for his new practice with friend and veterinary partner Terrence Ferguson, Vernard L. Hodges was leaning toward something formal and professional. "Veterinarian Associates of Byron" had a nice ring to it, he thought.

But Ferguson had other ideas.

"He said, 'We ain't veterinarian associates anything; we're critter fixers," Hodges says. "Of course, I replied that it was super-country, and he insisted, 'But we're country."

Thus was born Critter Fixer Veterinary Hospitals in Byron and Bonaire. In 2020 the name took on new life as "Critter Fixers: Country Vets," a popular show on National Geographic Wild that follows the two doctors around the heart of Georgia as they tend to patients as tiny as a spider and as big as a camel.

"The camel is one of the calls we weren't sure was real," Ferguson says. "But we can say there are definitely camels in Georgia-well, at least one, and we saw it."

The vets also weren't sure about the call in 2018 from a producer who had seen their Instagram posts and wanted to pitch a TV series about their work.



and he wanted to follow us around the clinic. He shot [footage] for a week and pitched the idea, and now we're going into our third season."

Typically, a camera crew rolls into town for four weeks and captures enough material for three or four unscripted episodes.

"It's what we do every day; it's not anything abnormal," Ferguson says. "What you see is what we're really doing."

But some of the work at their clinic falls into the "highly unusual" category: a C-section on a snake,

> a chicken with an eye infection, a fish with dropsy. The doctors also go out into the community to treat horses, pigs, cattle, sheep, alpacas and llamas.

"We're right in the middle of Georgia, 2.5 hours away from a specialist in Atlanta, Savannah or Auburn," Hodges says. "So we treat the entire gamut of critters."

people pointing and smiling when they're in public, and Hodges recently had a McDonald's employee ask to take a photo with him.

But it's not the spotlight that the two are after. Rather, it's the kids.

"In my mail every day there are two to four letters of fan mail from kids asking how they can become veterinarians," Hodges says. "Having a platform has allowed us to start Vet for a Day, when we bring in kids and show them what we do every day."

Reaching kids is also part of the vets' broader mission that grew out of their own story. The two became friends while taking a biology class at Fort Valley State University in Fort Valley about 30 years ago, and, coincidentally, they both landed in Tuskegee, Ala., at Tuskegee University's College of Veterinary Medicine. After graduating, they returned to their roots.

"There weren't a lot of opportunities for African





to come home."

The two worked for Fort Valley veterinarian Earnest Corker, who encouraged them to start their own practice.

"He was the only African American mentor veterinarian we knew of, and he put us on the right path," says Hodges, who in 2017 published "Bet on Yourself: From Zero to Millions," a book about how to manage a business.

Two years ago, Ferguson wrote "C is for Critter Fixer," a children's book based loosely on his career path.

"I wanted to be a veterinarian since I was 8, but I never saw anyone who looked like me," he says. "I want to tell kids they can do what they want, no matter what color they are."

The two also have tapped into their fame to support the community.

"We're within 15 minutes of where I grew up and went to school," Hodges says. "We're vested here. We want to practice good medicine and be good for this community. In the last 20 years, we've gone out to speak in schools, sponsored baseball teams and mentored kids to give back to [the] Middle Georgia [community] ago, the two bought a 150-acre farm in Butler, where they raise Black Angus cattle to provide good breeding stock to locals who want to start their own farms. They've also held workshops there to teach owners about cattle care. The Critter Fixer Cattle Co. is on track to sell its first cow next spring.

And they may be raising the next generation of vets in their own homes. Hodges' son wants to be a vet and is a student at Morehouse College in Atlanta.

"The first time he said [he wanted to be a vet], he was in fifth grade," Hodges says. "He spent many Christmas mornings coming to the clinic with me and seeing the work I do. I thought he'd shy away from it, but he's never swayed."

Ferguson's daughter shares that aspiration.

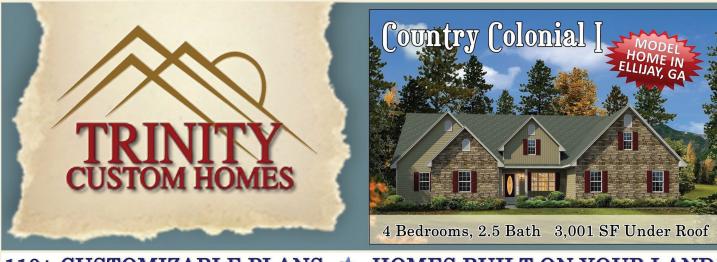
"Our hope is she'll be in veterinary school next fall," Ferguson says.

H.M. Cauley is a freelance writer from Atlanta.

For more information

Critter Fixer Veterinary Hospital, critterfixerveterinaryhospital.com "Critter Fixers: Country Vets" airs on National Geographic Wild and is available to stream on several platforms.





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Pricing may be different in some areas, subject to change, and does not include land improvements



he was dubbed the "official girlfriend" of the then-Georgia School of Technology (Georgia Tech) in Atlanta by a 1946 *Atlanta Journal* profile of her. As the only female on the then-all-male campus, she was a standout for sure. Rumor had it she spent every night in a different guy's dorm room.

To the dogcatcher, that was reason enough to apprehend her and charge her with vagrancy and loitering. The wire-haired terrier's case file noted that she "hates bulldogs and loves people who carry books."

Those book-carriers, of course, sprung her from the clutches of animal control right away. It was her second notable rescue. In 1945, she had been tossed out of the window of a car speeding away from the Varsity Drive-In near campus. Two carhops ran to her aid, and off to Annie B. Schofield's boardinghouse she was taken.

Schofield had a heart for strays, but this one was in no condition to settle in just yet. The local vet agreed. This pup, about 6 weeks old, would need surgery. Her operation left her body slanted, hence her name: Sideways.

"This being Georgia Tech, some students calculated the angle of her walk [15 degrees]," says Jennifer Rogers, alumni historian.

Schofield's boardinghouse was near the Georgia Tech campus, so the playful pup took to trailing after the students. When a campus expansion resulted in the demolition of the boardinghouse, Sideways relocated with Schofield.

"But the dog got homesick," Rogers says. "So Mrs. Schofield actually returned her to Tech and put her in the care of a Tech student."

Should anyone ever doubt where and to whom she truly belonged, her new dog tag now said it all: "Sideways. Georgia Tech."

Her days began with an early morning stop at the bookstore, then a visit at the nearby College Inn, where students often grabbed coffee. Classes were next. Some professors had her sitting up, listening attentively; others warranted a midmorning snooze.

"That takes up most of the morning," the *Atlanta Journal* reporter noted, "until she saunters over to the dining hall for lunch with 'her boys."

No matter how full her day was, Sideways always made it to military drills and football practice.

Sideways then began to lead "her" football team onto the field on game days. Although her beloved Yellow Jackets had a 2-5 run in her "freshman year," she was credited with their No. 6 Associated Press poll ranking in the subsequent year.

Sideways died in 1947 under mysterious circumstances, and her untimely death was assumed to be caused by her eating rat poison in a dormitory. Seventy-five years later, her reputation as a good-luck charm for Tech students is intact. Her appropriately slanted tombstone west of Tech Tower often is topped with pennies by students hoping to buy some luck on exams.

"Every time I walk by, there's coins or flowers," Rogers says. Sideways wasn't the school's only unlikely newcomer. In the aftermath of World War II, war-weary veterans were among the then-1,500 students. Starting college can be daunting, but the little white dog with a black patch over her eye knew how to make everyone feel right at home.

"Sideways represents what we all strive for at Georgia Tech: belonging as an outsider and broken soul, being celebrated and being remembered by the people around you, in your own special little—profoundly meaningful—way," Jake Grant wrote for *From the Rumble Seat*, a Tech blog and online community affiliated with SBNation, on May 18, 2020. "Sideways, through her short but winding life, shows us that that is eminently possible."

Then and now, the little pup is still Georgia Tech's one and only official girlfriend. R.I.P., Sideways.

Sarah Russell is a freelance writer in Hot Springs, Ark.



Doctor urges seniors to carry medical alert device

Seniors snap up new medical alert device that comes with no monthly bills

People don't always do what their come with monthly bills. doctor says, but when seasoned veteran emergency room physician, Physicians, a U.S. company went Dr. Philip B. Howren, says every senior should have a medical alert device, you better listen up.

"Seniors are just one fall away from being put in a nursing home, Dr. Howren said. "With a medical alert device, seniors are never alone. So it keeps them living independently in their own home. That's why seniors and their family members are snapping up a sleek new medical alert device that comes with no monthly bills ever," he said.

Many seniors refuse to wear old style help buttons because they make them look old. But even worse, those medical alert systems

To solve these problems Universal to work to develop a new, modern, state-of-the-art medical alert device. It's called "FastHelp™" and it instantly connects you to free unlimited nationwide help everywhere cell service is available with no contracts, no deposits and no monthly bills ever.

"This slick new little device is designed to look like the pagers doctors wear every day. Seniors love them because it actually makes them look important, not old," Dr. Howren said.

FastHelp is expected to hit store shelves later this year. But special newspaper promotional giveaways are slated for seniors in select areas.

■



■ NO MONTHLY BILLS: "My wife had an old style help button that came with hefty bills every month and she was embarrassed to wear it because it made her look old," said Frank McDonald, Canton, Ohio. "Now, we both have FastHelp™, the sleek new medical alert device that our grandkids say makes us look 'cool' not old," he said. With FastHelp, seniors never have to worry about being alone and the best part is there are no monthly bills ever.

Seniors born before 1956 get new medical alert device with no monthly bills ever

It's just what seniors have been waiting for; a sleek new medical alert device with no contracts, no deposits and no monthly bills that instantly connects you to free unlimited nationwide help with just the push of a button for a one-time \$149 price tag that's a real steal after today's instant rebate

The phone lines are ringing off the hook.

That's because for seniors born before 1956, it's a deal too good to pass up.

Starting at precisely 8:30am this morning the Pre-Store Release begins for the sleek new medical $alert\,device\,that\,comes\,with$ the exclusive FastHelp™ One-Touch E 911 Button that instantly connects you to unlimited nationwide help everywhere cell service is available with no contracts, no deposits and no monthly bills ever.

"It's not like old style monitored help buttons that make you talk to a call center and only work when you're at home and come with hefty bills every month. FastHelp comes with state-of-the-art cellular embedded technology. That means it works at home or anywhere, anytime cell service is available whether you're out water-



■ FLYING OUT THE DOOR: Trucks are being loaded with the new medical alert devices called FastHelp. They are now being delivered to lucky seniors who call the National Rebate Center Hotline at 1-800-330-4294 DEPT. HELP5901 today. Everyone is calling to get FastHelp, the sleek new medical alert device because it instantly connects you to unlimited nationwide help everywhere cell service is available with no contracts, no deposits and no monthly bills ever.

(Continued on next page)

ing the garden, driving in a car, at church or even hundreds of miles away on a tour or at a casino. You are never alone. With just a single push of the One-Touch E Button you instantly get connected to free unlimited help nationwide with no monthly bills ever," said Jack Lawrence, Executive Director of Product Development for U.S. based Universal Physicians.

"We've never seen anything like it. Consumers absolutely love the sleek new modern design and most of all, the instant rebate that practically pays for it and no monthly bills ever," Lawrence said.

FastHelp is the sleek new medical alert device with the best of combinations: a quality, high-tech engineered device that's also an extremely great value because there are no monthly bills ever.

Better still, it comes with no contracts, no deposits and no monthly bills ever – which makes FastHelp a great choice for seniors, students and professionals because it connects to one of the largest nationwide networks everywhere cell service is available for free.

And here's the best part. All those who already have an old style monitored medical alert button can immediately eliminate those monthly bills, which is why Universal Physicians is widely advertising this announcement nationwide.

"So if you've ever felt a medical alert device was too complicated or expensive, you'll want to get FastHelp, the sleek new medical alert device with no monthly bills," said Lawrence.

The medical alert device slugfest was dominated by two main combatants who both offer old style monitored help buttons that come with a hefty bill every month. But now Universal Physicians, the U.S. based heavyweight, just delivered a knockout blow sending the top rated contenders to the mat with

the unveiling of FastHelp. It's the sleek new cellular embedded medical alert device that cuts out the middleman by instantly connecting you directly to highly trained 911 operators all across the U.S. There's absolutely nothing to hookup or install. You don't need a land line and you don't need a cell phone. Everything is done for you.

"FastHelp is a state of the art medical alert device designed to make you look important, not old. Old style monitored help buttons you wear around your neck, or require expensive base station equipment or a landline are the equivalent of a horse and buggy," Lawrence says. "It's just outdated."

Millions of seniors fall every year and spend hours lying on the floor helpless and all alone with no help.

But seniors who fall and get immediate help are

much more likely to avoid getting sent to a nursing home and get to STAY living in their own home independently.

Yet millions of seniors are still risking their safety by not having a medical alert device. That's because seniors just can't afford to pay the monthly bills that come with old style medical alert devices.

That's why seniors born before 1956 are rushing to

cash in the whopping \$150 instant rebate before the 45 day deadline ends.

So there's no need to wait for FastHelp to hit store shelves later this year because seniors born before 1956 can get it now just by using the \$150 instant rebate coupon printed in today's newspaper before the 45 day deadline ends. If lines are busy keep trying, all calls will be answered.

HOW TO GET IT:

► IF BORN BEFORE 1956: Use the rebate coupon below and call this Toll-Free Hotline: 1-800-330-4294 DEPT. HELP5901

► **IF BORN AFTER 1956:** You cannot use the rebate coupon below and must pay \$299 Call: 1-800-330-9423 DEPT. HELP5901

THE BOTTOM LINE: You don't need to shop around. We've done all the leg work, this deal is too good to pass up. FastHelp with the instant rebate is a real steal at just \$149 and shipping and there are no monthly bills ever.

PROS: It's the sleek new medical alert device that comes with the exclusive FastHelp One-Touch E 911 Button that instantly connects you to free unlimited nationwide help everywhere cell service is available with no contracts or deposits. It connects you to the vast available network of cellular towers for free and saves seniors a ton of money because there are no monthly bills ever making this deal irresistible. Plus it's the only medical alert device that makes seniors look important, not old.

CONS: Consumers can't get FastHelp in stores until later this year. That's why it's so important for seniors born before 1956 to call the National Rebate Center Hotline within the next 45 days. For those who miss that deadline, the sleek little medical alert device will set you back over \$300 bucks.



P7366 OF22734R-1

FastHelp'

One-touch help. Anytime. Anywhere.

With no monthly bills ever

REBATE COUPON

EXPIRES 45 Days from Today's Publication Date
After Coupon Expires: The FastHelp is \$299.00 plus shipping & handling

S150 Off HELP5901

FastHelp, the new medical alert device that instantly connects you to free unlimited nationwide help everywhere cell service is available with no contracts, no deposits and no monthly bills ever.

USE THIS COUPON: To get \$150 off FastHelp you must be born before 1956 and call the National Rebate Center Hotline at **1-800-330-4294 DEPT. HELP5901** before the 45 day rebate deadline ends.

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Beyond the dogs and cats

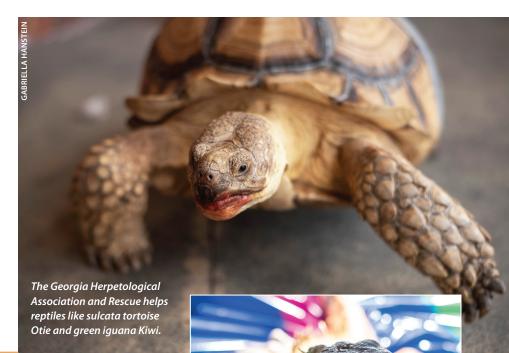
Georgia rescues take in, adopt out other breeds

By Katie Teems Norris

ogs and cats are wonderful companions, but there are all kinds of furry, feathered and scaly friends throughout Georgia who are waiting for forever homes.

Thanks to Georgia's diverse petrescue organizations, many of which are run by dedicated volunteers, these creatures are getting a second chance at life, whether that's in new homes as beloved pets or as permanent residents of sanctuaries.

In addition to the many organizations that find new homes for dogs and cats, several rescues specialize in other creatures, such as guinea pigs, rabbits, reptiles and pigs. Here are a few of the organizations working hard to improve the lives of these animals.



Georgia Herpetological Association and Rescue, based in North Georgia (operated through a network of foster homes), gaherp.com

There are several reptile-rescue organizations in Georgia, but the Georgia Herpetological Association and Rescue (GHAR) started last year because founders Kathy Smith and Katie Bell saw a need for even more help educating people and finding homes for reptiles.

Many people think of reptiles as ornaments for their home, but "reptiles make good pets for people who have busy schedules and are looking for that relationship with an animal," Bell says.

She says the reptiles have distinct personalities, just like other pets. Kiwi, a 16-year-old iguana, is one of the rescue's ambassador animals and "is essentially like a dog ... [because] she's very, very personable," Bell says.

Bell, an English teacher at Dunwoody High School, also sees reptiles as an interesting way to engage students. The GHAR participates in Show Me Snakes reptile conventions throughout Georgia and offers educational sessions at summer camps and youth programs hosted by the YMCA and Boys & Girls Clubs.

"We want to be accessible to people who want to learn," Bell says. With more than 80 animals in the GHAR's care and new reptiles being surrendered each week, the organization depends on its foster homes, which are primarily in North Georgia. There are a few homes in Augusta, and the GHAR wants to branch out into Middle Georgia.

"There are a lot of reptiles who need homes," Bell says, and "we really want the animal to have a forever home."

Oakhurst Guinea Pig Rescue, Decatur, ogpr.org

Thomas and Mukang Pederson started Oakhurst Guinea Pig Rescue (OGPR) in 2015 after the closure of another metro Atlanta rescue where Thomas Pederson volunteered. In the first four months of this year, OGPR took in 118 guinea pigs.

"A lot of shelters are seeing an increase in surrenders" following COVID-19 lockdowns, Thomas Pederson says.

One of the rescue's biggest priorities is education.

"We make sure people have the proper information and know what they're getting into," he says.

That includes making sure guinea pigs have adequate habitats, good nutrition and veterinary care. OGPR also shares information at schools and at events such as the Atlanta Veg Fest (now called Georgia VegFest) in Duluth and Woofstock in Smvrna.

OGPR adopts out guinea pigs in pairs and offers bonding meet-and-greets for potential adopters to find compatible matches for the guinea pigs they have at home. That's because guinea pigs are happiest with companions. Many pet stores misidentify the sex of their guinea pigs, Pederson cautions, which means people can "end up very quickly with 12 or more."



OGPR relies on its 13 foster homes and two regular volunteers, who make finding loving homes for guinea pigs possible. Pederson also appreciates people who go out of their way to save abandoned guinea pigs.

"We've had construction workers contact us where they've found a family of guinea pigs in a ditch," he says.



Georgia House Rabbit Society,

Kennesaw, houserabbitga.com

Since 1996, the Georgia House Rabbit Society's (GHRS) mission has been to rescue domestic rabbits, find adoptive homes for them and educate the public.

Assistant Shelter Manager Courtney Gurley says rabbits are "the thirdmost-popular pet in America." They're also the No. 1 most-dumped.

"People see them as starter pets," Gurley says.

That's why education is a big part of the GHRS mission. Many people don't realize that rabbits can live up to 12 years with proper care, which is a commitment.

The GHRS averages 350 adoptions each year. In 2020, the GHRS moved into a 6,500-square-foot building in Kennesaw. The organization has about 30 foster homes and 111 animals available for adoption.

The rescue has made some changes to its operation because of concerns about RHDV-2, a highly contagious, hemorrhagic disease among rabbits that has begun to spread in the United States in recent years. It has restricted services like boarding and bonding (in which potential adopters find companions for rabbits they have already) to vaccinated rabbits only. Promotional events like the Hair Ball and Bunny Fest are on hold, but potential adopters can view rabbits by appointment.

The shelter takes surrendered rabbits and rescues them from dangerous situations.

Last year, "we took in 150 rabbits from a hoarding case in Lithonia,"

Gurley says. In March, staff members and volunteers spent hours catching 18 rabbits behind a Hooters restaurant in Roswell.

"We let the vet techs name all of them after different wing sauces and different hot sauces," Gurley jokes. **MORE**

Flying Pig Animal Sanctuary,

Cairo, flyingpiganimalsanctuary.org

Flying Pig Animal Sanctuary is a permanent home for more than 100 animals, including potbellied pigs, chickens, peafowl, ducks, guinea pigs, cats, dogs, a tortoise and a macaw.

Founder Skye Franklin says she "never planned on having pigs" until a friend asked her to take a piglet in 2014.

"Not long after that, I picked up a stray pig," Franklin says. On Christmas Eve, the pig gave birth to a litter that Franklin and her family named after Santa's reindeer. One of the piglets, Dasher the Flying Pig, became the sanctuary's namesake. Flying Pig Animal Sanctuary gained nonprofit status in 2019.

"There was a major need for a pig sanctuary," Franklin says, because many people adopt "teacup pigs" and expect them to remain small, but "there is no pig that will be 30 pounds fullgrown. Doing the research and knowing what you're getting into is so important because they are a 15-plus-year commitment."

For Franklin, the animal sanctuary means "I have 100-plus

extra family members."

She welcomes new volunteers and supporters.

"Running a nonprofit animal sanctuary starts out with a few people, but for it to continue to grow, it takes a village," she says.

Flying Pig Animal Sanctuary is planning a fundraiser called Pumpkins for Piggies on Oct. 1. The public is invited to come for a tour and meet the animals, and there will be yard games and other activities. Guests are encouraged to bring pumpkins or other produce for the animals. The sanctuary also offers tours by appointment.

Katie Teems Norris is a New Mexico-based freelance writer and communications professional.



Above: At Pumpkins for Piggies on Oct. 1, guests are invited to bring pumpkins and other produce for the pigs to enjoy at Flying Pig Animal Sanctuary. Left: While piglets may be small, they will not always stay that way, Flying Pig founder Skye Franklin notes.

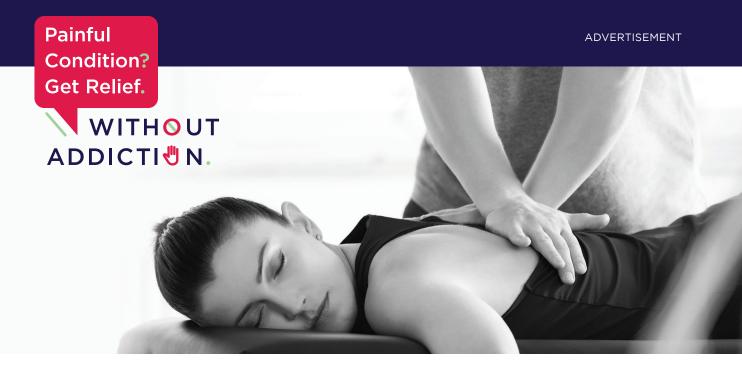
More animal rescues

- Begin Again Farms Equine Shelter, Ellerslie; beginagainfarms.com
- Feathered Friends Forever, Harlem; featheredfriendsforever.org
- The Georgia Rat Rescue, Atlanta; garatrescue.weebly.com
- Georgia Reptile Society, statewide network of foster homes; gareptilesociety.org
- Golden Isles House Rabbit Society, Brunswick; goldenislesrabbits.wordpress.com
- Kindness Matters Ferret Rescue, Acworth; kindnessmattersferretrescue.com
- Outsiders Farm & Sanctuary, Bowersville; outsidersfarm.com
- Papayago Rescue House (exotic birds), Marietta; papayagorescuehouse.org

- River's Betta Rescue (fish), Roswell; riversbettarescue.godaddysites.com
- Save the Horses, Cumming and Talking Rock; savethehorses.org
- Southeastern Reptile Rescue, Milner; snakesareus.com
- Wallow in the Woods Pig Sanctuary, Metter; fb.com/wallowinwoods

Permanent sanctuaries

- The Farm at Oatland North, St. Simons Island; thefarmssi.org
- Noah's Ark Animal Sanctuary, Locust Grove; noahs-ark.org
- Sweet Olive Farm Animal Rescue, Winterville; sweetolivefarm.org



The Truth About Back Pain and How to Get Relief

Back pain affects almost everyone. Office workers, truck drivers, parents, athletes, weekend warriors. And maybe even you.

"How you address your pain could be a life and death decision," said Dr. Leana Kart, D.C., spokesperson for the 'Relief Without Addiction' public awareness campaign.

Opioid back pain treatment

While "life and death" may seem dramatic, it's based on reality. People with back pain are sometimes faced with the opportunity to take dangerous prescription opioids.

According to the Mayo Clinic, anyone who takes an opioid repeatedly may become addicted because it activates powerful reward centers in the brain. The CDC says the likelihood of long-term opioid use increases sharply after 3 days.

Addiction leads to poor quality of life and overdose deaths. In 2020, more than 1,300 people in Georgia died in opioid-related overdoses, according to the Georgia Department of Public Health.

Natural back pain treatment

Since the 1990s when opioids became the drug of choice for pain relief, other types of pain relief have been proven more effective with better outcomes for patients.

Natural pain relief — such as spinal manipulation, often referred to as a spinal adjustment — is recognized by leading healthcare agencies including the U.S. Food & Drug Administration, the U.S. Department of Health and Human Services, the National Academy of Medicine, The Joint Commission on the Accreditation of Healthcare and the CDC.

Spinal adjustments for back and neck pain are offered by chiropractors, who also teach patients about stretching, strengthening and lifestyle changes.

"Chiropractors help people find the root cause of their pain and fix it, rather than masking it with painkillers," Dr. Kart said. "Pain is often caused by repetitive motion like how you position yourself while you work or sleep. Simple changes often prevent future pain."



FOR THE Cats

The Cotton States Cat Club puts on a show

By Cameron Whitlock • Photos courtesy of Cotton States Cat Club

hen Robbie Burns (R.B.) entered the ring on a hot Sunday in July, the suspense was palpable. He had been carefully conditioned and groomed in the months leading up to the Triple Crown Cat Fanciers show in Lexington, Ky. And unbeknownst to the genial orange feline, he was about to become a grand champion.

R.B. is an exotic shorthair cat, bred and raised by Ann Strople, the secretary of Georgia's premier cat society, the Cotton States Cat Club (CSCC).

"Until I attended the first Cat Fanciers Association [CFA] International Show, held in Atlanta in 1994, I had never seen a pedigreed cat in real life," she says. "I was hooked. Soon after that I got my first pedigreed cat and was fortunate to meet breeders who helped me learn the ins and outs of showing and, eventually, breeding cats."

The Cotton States Cat Club, cottonstatescatclub.org, was founded in 1938 in Atlanta, when breeders Mary Kate Carroll and Gladys Donaldson brought together a group of 12 cat enthusiasts from throughout the South. Later that year, the Cotton States Cat Club hosted its first show at the Atlantan Hotel in downtown Atlanta.

More than 100 cats and kittens were in attendance at that first show. Since then, the annual CSCC show has grown to host—on average—about 350 cats and 200 spectators.



Ann Strople's exotic shorthair cat, R.B. (Robbie Burns), achieved grandchampion status at the Triple Crown Cat Fanciers event in Kentucky in July.



- 1. Rene Cardona holds Jesse, the winner of the household pets competition at the 2011 Cotton States Cat Show.
- 2. Mimi on the Mantel, C.A. Folds' tortie-smoke Persian, is examined by a judge at the 2017 Ocicat International Show in Oakwood.
 - 3. John Grecco's black Persian cat Digit Luciano leaves the ring with his winner's rosette at last year's Cotton States show.
 - 4. Sasha, a Siamese companion cat, doesn't seem impressed by the rosette he won at the Cotton States show.
 - 5. Copperfield, Cyndi Lewis' white Persian, has grown from a kitten, as shown here, to a grand premier adult. Grand premier is the highest show status that a neutered/spayed cat can achieve.

cats—just the range of sizes and the amount of breeds [are] totally new to most people."

What is a cat show?

The first cat show on record was held in London's Crystal Palace in 1871. And in 1895, New York's Madison Square Garden hosted the first national cat show in the United States.

While many of the cats in these late-19th-century shows were from purebred lines, a lack of breed standards often led them to be graded based on judges' personal preferences.

In the early 1900s, organizations such as the CFA began to publish breed registries and develop international standards for cat shows. Today, the CFA licenses about 400 shows worldwide and has more than 600 member clubs, including Georgia's Cotton States Cat Club.

The CFA and its member clubs have developed an exhaustive list of standards for 45 cat breeds. These include things such as coat and eye colors, body proportions and the shapes of ears, noses and paw pads. The more standards a competing cat fulfills, the better he or she will score in the show ring.

What's in it for humans?

The cats may be oblivious to their pedigrees and awards, but their owners gain more than just bragging rights. CSCC President Cyndi Lewis of Acworth has been showing cats for more than 40 years and has helped solidify the cat fanciers community in Georgia.

"Certainly, first and foremost, it's about the love of the cats and cat welfare," she says. "I have found that people who care about their cats to this extent are generally the kind of people you want in your life."

Club Vice President C.A. Folds, who specializes in Persian cats, agrees that camaraderie and diversity are major draws to the cat-show community.

"It's such an interesting group of people," Folds says. "We all have our love for cats in common, but we come from just about every kind of background you can imagine."

In addition to building community, all cat shows function as an educational opportunity—not just for breeders but also for spectators simply interested in seeing something out-of-the-ordinary.

"If you're coming to the show, you're going to see breeds of cats that you didn't know existed," Strople says. "You'll see cats with no hair, like the Sphynx, or cats with a whole lot of hair, like Maine coons. Huge cats, little

Concern for cat welfare

Some animal-rights activists have voiced concerns about cat and dog shows, with a common issue being overbreeding. And while it's true that CFA cat shows feature selectively bred cats, members and breeders must adhere to strict guidelines regarding litter sizes and how often they breed their cats.

"Responsible breeders do not randomly breed their animals," Folds says. "They love their cats, and they're very conscientious about how often they breed them."

Folds notes that kittens that are not up to show standards are always placed in loving and secure homes. And in addition to their specialty cats, most breeders also own rescue pets.

"This is not a business," she says. "If anybody thinks that you're gonna get into the business of raising cats, then you've got a lot of disappointing days coming. Because this is not a way to make money."

In recent years, CFA cat shows have included a household pet category, created so non-pedigreed companion cats can compete for grand champion. There are no breed standards, and the judging is more open-ended, yet it's a growing part of the CFA circuit.

Another way the CSCC supports animal welfare is by working with rescue and TNR (trap, neuter, release) organizations. The CSCC show's expo typically features more than 50 vendors, including cat-food and toy manufacturers as well as shelters and rescue groups. Nonprofit organizations are provided with free booths and the chance to promote adoptions and secure donations for their causes.

Cameron Whitlock is a Douglasville-based freelance writer.

For more information

The 84th Annual Cotton States Cat Show, Nov. 5-6, Gas South District, Duluth. cfa.org.





Honoring the **hard-working** mule

eorgia's agricultural heritage was built on the backs of mules. Although most farm operations these days rely on tractors for the heavy work, Georgians continue to honor the culture and tradition of the old farming ways.

October's Mule Day Festival in Washington-Wilkes County and November's Calvary Lions Club Mule Day Festival in Calvary celebrate the mule as the hero of farming in the 19th and early 20th centuries. Both events feature demonstrations of old-time homesteading and farming skills, such as canesyrup-grinding and blacksmithing, and are complemented by arts and crafts, music and food. The events will showcase the agility and traits that have made mules invaluable in agriculture.



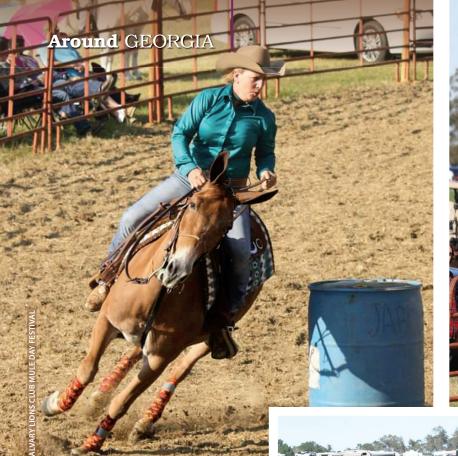
Top: Plowing demonstrations at the Mule Day Festival in Washington-Wilkes County attest to the mule's value in farming. Above: Mules work well in teams. They are stronger than horses and less ornery than donkeys. **Left:** Musicians perform on old-timey instruments like this dulcimer at the Mule Day Festival in Washington-Wilkes County.

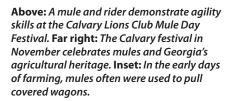












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Living history

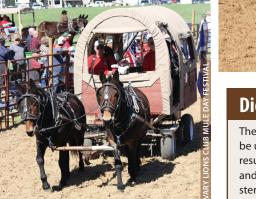
"The Washington-Wilkes Chamber of Commerce has been hosting Mule Day for 41 years at Callaway Plantation," says Doug Abramson, one of the event's

organizers. "It's the perfect setting because it takes people back to the days when mules were the kings of farming. In fact, nearly 200 years ago, there were more than 9,000 mules in Wilkes County."

The Callaway Plantation was a working farm from the late 1700s to the 1970s, and nearly a dozen of the old buildings on the site still stand, including an 1869 brick manor house, two 18th-century homes, a general store, a cabin, a schoolhouse and a dovecote (a structure with nesting boxes for pigeons). The Callaway family donated the farm to the city of Washington in 1977 to be used as a cultural and historic site.

Listed on the National Register of Historic Places, the buildings will be open for tours, featuring exhibitions and volunteer docents.

Against a backdrop of music from the era on old-timey instruments, people dressed in period clothing and skilled craftspeople showcase life and work in the 1800s.



Did you know?

The terms "mule" and "donkey" cannot be used interchangeably. A mule is the result of crossbreeding a female horse and a male donkey, and mules are born sterile. Mules resemble horses more than they do donkeys.

"The day includes mules pulling plows in the fields and arena demonstrations of their agility, from dribbling a soccer ball to maneuvering while being ridden," says Susan Abramson, Doug Abramson's wife, who serves on the committee that plans the mule-related events. "Visitors can talk with the mule owners and learn up close about mules' special abilities."

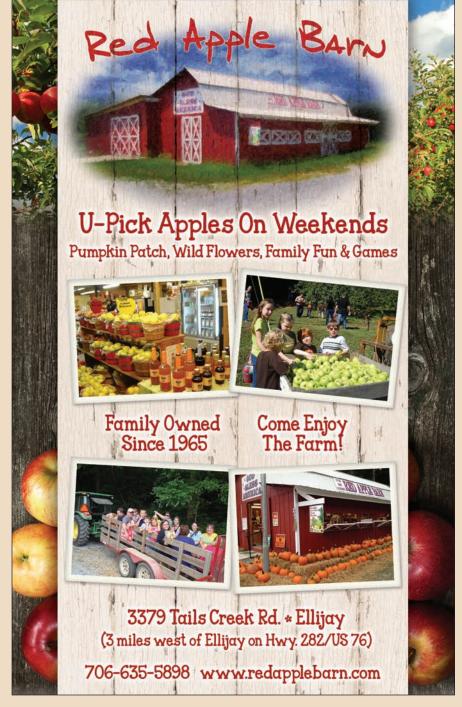
Arts and crafts vendors, sheepdog herding, children's activities, soap-making and festive food round out the day.

Officials for this year's Mule Day Festival expect to bring together more than 5,000 people from the region for the day's festivities.

"Mule Day has been an excellent way to promote what Washington and Wilkes County have to offer, especially for people who may have never visited us before," Doug Abramson says. "It's a true re-creation of the early days of our county's agricultural heritage and culture."

Continued on page 38







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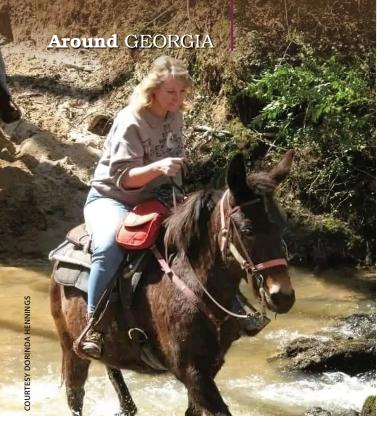
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Contest is open to persons 18 and over, except employees of Georgia Electric Membership Corp. and advertising and promotion agencies involved with this promotion. Only one entry per household, please; duplicate entries will be deleted. In order to receive information and enter the drawing, entries must be received by October 15, 2022.



Dorinda Hennings rides Sarah, her first mule. She says that mules are more sure-footed than horses are and provide a more stable ride.

Continued from page 36

A community tradition

The Calvary Lions Club Mule Day Festival is bigger than a county fair. Attendance can top 30,000. Carnival rides are the only things missing from the typical fair experience.

Celebrating its 48th year on Nov. 5, it's a major fundraiser for charities supported by the Calvary Lions Club.

"Long before the tractor, farming families had mules to plow the fields in preparation for planting and pull the wagons

Mules as pets

Dorinda Hennings knows her mules. The Lizella resident got her first one in 2011, a molly (female) mule named Sarah that Hennings used to ride almost daily.

"I don't ride Sarah anymore because she's 26, but our new mule, Flashin' My Strut, is the smartest mule I've ever owned," Hennings says. "When we retired Sarah in 2016, I still wanted to ride, so we bought Flash."

She says that although she owns horses, she'd pick a ride on a mule any day.

"Mules are more sure-footed and much calmer on the trails than horses," she says. "They just don't get spooked the way horses do, so they're much easier to ride. And as I've gotten older, I feel much more comfortable when we're out together."

Hennings has taken Flash to several local shows in the last few years.

"He has always won ribbons for his looks and his agility work," Hennings says.

that took them into town, church and market," says Arthur Tatum, former president of the Calvary Lions Club. "Small farms today still use mules because a mule pulling a plow can maneuver through the narrow rows of pole beans and other crops much better than a tractor."

Festivities begin Nov. 4 with a chicken pilau dinner, a tradition that began decades ago. More than 600 plates of the Southern-style chicken-and-rice dish are prepared by local cooks and served beginning at 5 p.m.

The event is open to the public and includes entertainment by local performers.

"Saturday morning's big parade includes at least 50 participants, marching bands, tractors, mules pulling wagons and buggies, dance and community groups," Tatum says. "The showpiece of the day—our arena mule show—brings in upwards of 80 mules from three states showing their agility, skills and good looks."

More than 300 craft vendors and 50 food vendors, music, cloggers, a petting zoo and a country store fill the grounds from 8 a.m. to 5 p.m. Other activities include cane-syrup-grinding, a petting zoo and a kids' zone.

"It's going to be a real entertaining day and a chance to see everything that's special about mules," Tatum says. "People will see why we celebrate the true workhorse of American agriculture and farming when they come to our event."

Pamela A. Keene is a Flowery Branch-based freelance writer.



Dorinda Hennings of Lizella rewards Flash with a smooch on the muzzle for a job well done. Flash has won ribbons because his physical characteristics closely match the breed standards for mules.

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andra Moreland's love for koi was instantaneous. When a friend with a pond offered to give her some of the colorful fish in 2019, Moreland accepted, but knew she needed a mentor.

Left: There are more than 100 varieties of koi. This yellow-and-white variety is known as a lemon hariwake. **Right:** This variety is the butterfly kujaku, known for its graceful, flowing fins.

"Our property has a quarter-acre natural pond that we learned was perfect for koi, but other than that, I needed someone to help me learn how to raise them," says Moreland, who lives on Lake Lanier in Cumming. "Not only did I get a mentor, I ended up with many of them through the Atlanta Koi Club. They were very willing to share their knowledge and expertise."

Koi originally were bred in early 19th-century Japan, and since then these large, vibrant fish have captured the hearts of people all over the world. Their rainbow of colors—golden yellow, orange, red, white and black—fascinate collectors, who can spend anywhere from \$10 to thousands for individual fish.

"Each koi is special, with its own personality, color patterns and shapes of their fins," Moreland says. "I can tell each of them apart. They all have names, and when they hear me walking across the dock to the pond, many of them are waiting for me at the edge."

She's quick to explain that the promise of food is not always the draw for the koi.

"They're very social fish and tend to bond with their owners," she says. "Even in the winter when they stop eating, they still come to see me when I visit. I enjoy the quiet, meditative time, watching them swim and explore the pond."

This year, Moreland lost many of her original 41 koi to what security cameras revealed were otters raiding her pond.

"I was eventually left with only five," she says. "I was heartbroken. But then, for some unknown reason, the killing stopped. The otters had moved on, and so far they haven't been back."

Moreland turned to the club to help restock her pond. Many of the fish came from members who had overstocked ponds; others either had been rescued or had outgrown their habitats. She also attended the club's April auction.

"At the auction, I was able to purchase some beautiful, mature koi that were within my budget," she says. "I now have 30 in varying sizes and colors. I still miss my original koi, but I love these newer ones just as much."



Members of the Atlanta Koi Club help with the annual auction by carefully transferring the fish into holding tanks.



Every koi has distinctive patterns and markings that make it easier to recognize individual fish.



Why koi?

"For us, *koi kichi*—this is how we affectionately refer to each other, and it means 'koi crazy'—is a combination of things," says Johns Creek resident Angie Jones, treasurer of the 270-member Atlanta Koi Club. "Some love the tranquility a pond brings to their gardens, because there is nothing like the sound of a waterfall to wash away stress. Others enjoy hand-feeding their fish.

"Some like raising high-quality show fish. Still others like to tinker with the technical aspects of maintaining a pond. But for most of us it is a little bit of all of the above."

Chase Tomkosky, the club's official koi rescuer, has retrieved koi from residential ponds that were abandoned when homes have been sold and from collectors who have grown too old to continue to care for the fish. He also has taken in koi when a collector has died and his or her family members don't want the responsibility. He cautions people considering koi as a hobby.

Fun facts about koi

- Koi are thought to bring good luck, partly because of the belief that water represents prosperity and wealth.
- Koi average 24 to 36 inches long and can weigh as much as 35 pounds.
- They can live more than 50 years, but typically their life span is between 30 and 40 years.
- During the winter, they go into a kind of hibernation called topor, when their metabolism slows and they eat less.
- The record sale was \$1.8 million for a single fish that won the Grand Championship at the 2017 All Japan Koi Show.
- For more information about caring for koi, visit bit.ly/koicare.

"Do extensive research about keeping koi and learn as much as you can about water quality," says Tomkosky, who has owned koi for many years. "Caring for koi is a big commitment; they can live for several decades, and keeping them healthy requires constant monitoring for water quality and diseases."

Talk with other people who own koi before making a big investment, and ask questions about the day-to-day and long-term responsibilities.

Sharing the joy of keeping koi

"A good place to start is by reaching out to our club, either by attending an event like our October show or by visiting our website, *atlantakoiclub.org*, which lists monthly meeting times and locations, then coming to a meeting," Tomkosky says. "We enjoy sharing our experiences with others."

As for taking the plunge, club president Diane Giangrande recommends first learning what's involved in preparing your koi habitat.

"Before putting a shovel in the ground, join a local koi club and learn about proper pond construction," she says. "There are different ways to build a pond, and the koi keeper's goals, expectations and budget should be taken into account. Whether a person is a do-it-yourselfer or going to pay to have a pond installed, the least expensive pond you can build is the pond you only build once, so knowledge is paramount. Keeping koi is not a one-size-fits-all hobby."

Pamela A. Keene is a freelance writer and Master Gardener living in Flowery Branch.

For more information

Atlanta Koi Club 27th Annual Koi & Goldfish Show, Oct. 8-9, Gwinnett County Fairgrounds, Lawrenceville. Koi and goldfish competition, koi auction, pond supplies and equipment. *bit.ly/qwinkoishow*.

Clamoring for Georgia clams

here are places that defy description: impossibly tall mountains that seem to pierce the sky; dunes composed of innumerable grains of sand; and lakes so vast that they feel like oceans.

I've witnessed many of these natural splendors, but none of them connected with my soul quite like the marshlands of our Georgia coast: the fields of waving Spartina grasses, dolphins feeding in the estuarial rivers, egrets and herons spearing unsuspecting fish-all under an impossibly blue sky. There simply are no words that can do justice to that splendor or the feeling that I get when I'm there.

I traveled to the Georgia coast while taping a cooking show in 2009 for GPB called "Hans Cooks the South." We visited Darien, and I fell in love with the place, the people and, of course, the seafood.

We were drawn to the Georgia coast for the shrimp and the Blessing of the Fleet celebration in Darien that marks the beginning of the shrimping season (April). Clams were not even on our radar. But the more we got to know the local shrimpers, the more the name Charlie Phillips popped up. So on our final day of shooting, we drove a bit north of Darien to meet the region's original clam farmer.

Phillips—or "Captain Charlie," as he's affectionately



Chef Hans Rueffert

known-is the kind of person you feel like you've known for a lifetime, even if you first shook hands just five minutes earlier. Born in Jesup, Phillips was in seventh grade when his family moved to the coast.

After selling his ownership stake in a Jesup feed mill business, his father, Mike, bought a boat and transplanted his family to Townsend, just across from Sapelo Island. The Phillips Seafood Co. grew from a one-boat operation to a full-scale family business, harvesting and selling local fish, shrimp and oysters.

Charlie Phillips took



friend Roger DeWitt would go out in the marsh to pick wild clams, which, though plentiful, were never really harvested commercially.

So when Phillips learned that the University of Georgia Marine Extension was looking for folks to participate in a clean aquaculture program that would bring sustainable clam farming to the region, he immediately signed on.

The unique ecosystem around Sapelo Island and its adjacent marshes are the perfect habitat for shellfish, and all manner of sea life use these waters as something of a nursery for their growing young. Filter feeders, such as clams and oysters, take full advantage of this rich tidal broth, straining nutrients out of the marsh silt, utilizing the calcium carbonate in the seawater to grow their hard shells and producing their own spawn, which in turn feed other animals.

Phillips turned an opportunity into an industry. He started Sapelo Sea Farms in 1997, and he's never looked back.

"It's a lot of work!" he says of growing out and harvesting clams. Tens of thousands of grain-sized "seed clams" are placed in mesh bags and anchored into the marsh using iron rebar rods. As those juvenile clams grow, they have to be sorted and separated into larger bags and then returned to the murky silt at low tide. There are multiple bag sizes with varying mesh, each designed to keep predators out while giving the clams room to develop and mature. The clams essentially are harvested and replanted multiple times as the mollusks develop.

Is it worth all the hard work? Just ask Sapelo Sea Farms' devoted customers, who pay to have these gems shipped as far away as California, New York and Canada.

Learn more about Phillips and Georgia's clams at sapeloseafarms.com—or, better yet, take a trip to Townsend and see for yourself. You can enjoy the clams at local restaurants such as The Fish Dock Bar & Grill, which sits next door to Sapelo Sea Farms.

Hans Rueffert is a chef, author and gastric-cancer advocate who has spent his entire life working with food. He serves as the culinary ambassador at the Old Mulehouse restaurant in Jasper. Learn more about clams by listening to his food-focused podcast, "But I Digest," at butidigestpodcast.com.





Above: Charlie Phillips, owner of Sapelo Sea Farms and Phillips Seafood in Townsend, is a second-generation Georgia fisherman. Above right: Locally harvested clams from Sapelo Island are steamed with butter, garlic and white wine and served with garlic bread at The Fish Dock Bar & Grill in Townsend.

This recipe is courtesy of New York-based chef and cookbook author Ann Ogden Gaffney. Spaghetti With Clams is a classic pasta that invokes Italian summers in all their glory. This version's rich sauce comes from stirring together olive oil, clam liquor and white wine with half-cooked pasta. This simple technique creates a creaminess that comes from the starch of the pasta itself.

Learn more about Gaffney at annogdengaffney.com.

SPAGHETTI WITH CLAMS

4 tablespoons salt

8-1/2 cups cold water

2 dozen littleneck clams

1/2 bunch flat-leaf parsley, divided

1/3 cup olive oil, divided

3 cloves garlic, smashed

1 cup dry white wine

6 ounces spaghetti

In a large bowl, dissolve the salt in the 8-1/2 cups of cold water. Add the clams. Cover with a cloth and leave them to soak overnight in the fridge. When you are ready to cook, drain and rinse the clams under cold running water.

When ready to cook: Fill a pasta pot with water and bring to a rolling boil. Cover and lower the flame to a simmer. Take 4 or 5 large sprigs of the parsley and set aside. Cut the large stems from the rest and Recipe continues on page 44 CAPTAIN CHARLIE'S PERFECTLY SIMPLE CLAMS

12 to 15 clams, scrubbed

Salt water, enough to cover clams

3 cloves garlic, peeled, chopped

1 tablespoon butter

1 tablespoon olive oil

1/4 cup white wine

1/4 cup cilantro, chopped

Crusty bread, for dipping

Purge the clams in salt water for 30 minutes to help remove any grit the clams may contain. Drain, rinse and reserve clams.

In a heavy skillet with a lid, saute garlic in butter and olive oil. Turn up heat on pan and add wine, and clams. Let the clams steam, covered, until they start to open. Spinkle with chopped cilantro. As they open, remove them from the skillet and set aside. (Discard the clams that do not open.)

Once the clams have steamed open, turn off the heat and reserve the juice (except for the last little bit in the pan, in case the clams had grit in them) for dipping crusty bread. Serves 1.

GEORGIA Cooks

Spaghetti With Clams, continued from page 43 coarsely chop the leaves. Set aside.

In a wide, lidded saucepan, heat 2 tablespoons olive oil over medium-high heat. When the oil starts to smoke, add the clams, garlic, the 4 or 5 reserved parsley sprigs and white wine. Cover immediately to trap the steam. Cook, covered, over high heat until all the clams have opened wide, about 2 to 3 minutes. Remove from heat. Discard any clams that have remained closed, along with the parsley and garlic.

Place a strainer over a large bowl. Tip the clams into the strainer and reserve the clam broth. Remove the clam meat from the shells. Reserve clam meat in a separate bowl.

Meanwhile, bring the pot of water back to a rolling boil. Add the spaghetti and cook for half the recommended cooking time on the package, about 3 to 4 minutes. While the spaghetti is cooking, pour the reserved clam broth back into the original saucepan, taking care to leave any grit behind. Bring broth to a boil over medium-high heat.

As soon as the spaghetti is ready, reserve a cup of the cooking water and, using tongs, add the pasta to the clam broth. Note: It still should be a little stiff. Cook, stirring and shaking the pan continuously to loosen the starches from the pasta. *Note: If the pan* starts to get dry, add a little of the reserved pasta water, as needed. After about 3 minutes, drizzle with half of the remaining olive oil to start emulsifying the sauce. Taste the pasta for doneness. It still should be very al dente. Add the chopped parsley. Cook 1 minute more, then taste again. At this point the clam broth should have thickened to a light, creamy sauce that's coating the pasta.

Add the clam meat to the pasta. Drizzle with the remaining olive oil. Cook 30

seconds, then turn off the heat. Continue stirring and tossing the pasta for a minute or two or until the sauce is even creamierlooking and the pasta is a chewy al dente. Serve immediately. Serves 4. COURTESY ANN GAFFNEY



This recipe is courtesy of Chef Gabriel Folks from The Fish Dock Bar & Grill in Townsend. Follow him on Instagram: @chefgabrielfolks.

CLAMS CON CHORIZO

- 1 pound chorizo*, divided
- 1 cup panko breadcrumbs
- 1 cup cilantro
- 1 cup parsley
- 5 tablespoons minced garlic, divided
- 1 cup Parmigiano Reggiano, grated, divided
- 1 shallot, finely diced
- 1 chile poblano, diced
- 3 dozen littleneck clams, scrubbed clean
- 1 cup white wine (Pinot Grigio or similar)
- 1 stick softened butter
- 1 bunch chives, chopped

Limes, for garnish

Breadcrumbs: In a large skillet over medium heat, cook half of the chorizo thoroughly. Once cooked through, toast the breadcrumbs over medium heat. When the crumbs are toasted, turn off the heat and stir in the cilantro, parsley, 2 tablespoons garlic and 1/2 cup Parmigiano Reggiano and set aside.

Clams: In a deep pan with a lid, add the remaining chorizo, shallots, poblano and the rest of the garlic and cook over medium heat. Once the shallots are translucent, add the clams and white wine, and bring to a boil with the lid on. Once the clams have steamed open, turn off the heat and remove the clams to a heatproof dish, leaving the remaining ingredients in the pan. Separate the clam shells, leaving the meat in one side of the shell.

Compound butter: In a separate bowl, add softened butter and ingredients from the clam pan and mix. Let chill in the fridge for 10 to 15 minutes.

To complete the dish, assemble the open clam shells containing the clam meat on a heatproof dish, place a spoonful of butter in each clam and top with breadcrumb mixture. Top with remaining grated Parmigiano Reggiano and bake at 375 degrees for about 10 minutes or until golden brown. Garnish with chives and limes. *Tip: When possible, use fresh chorizo from a tienda or carnicería instead of tubed chorizo. Serves 3. 🖔

Spaghetti With Clams









Find it this month! Want to win a \$25 gift card?

Are you a resourceful reader? One lucky reader who finds and submits the correct answers to these trivia questions will win a \$25 Target gift card. All answers can be found in this month's issue.

- 1) How many koi does Sandra Moreland have?
- 2) What's the nickname of Mary #B220?
- 3) What was the name of Dorinda Hennings' first mule?
- 4) The Critter Fixer veterinarians met in what class at Fort Valley State University?
- 5) Name one of the two organizations that received pet food and cat litter from Flint Energies' donation drive.

How to enter:

Send an email to trivia@georgiaemc.com with the answers to all five questions by Sept. 30, 2022. Be sure to include your name, address and phone number. (If more than one person answers all the questions correctly, we'll draw from among all correct answers to determine the \$25 Target gift card winner.)





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merica's animal shelters collectively euthanize about 390,000 dogs and 530,000 cats each year. Animal lovers Marvin and Joanne Lewis of Dalton cringe every time they hear the numbers of animals being put down nationally and locally.

"We have no children or grandchildren and long ago decided to leave most of our estate to [programs that serve animals]," Marvin Lewis says. "In 2016, we decided to go ahead and help fund efforts designed to reduce the number of stray animals in our community."

The Lewises did their research. They learned that more cats are put down than dogs and that the cost of spaying and neutering is a major obstacle for low-income families.

"Many can't afford the cost, so they don't spay their cats," he notes. "Female cats can have several litters of kittens each year if they aren't spayed, which adds to an endless cycle of unwanted pets that end up in shelters."

They partnered with the Dalton-based National Spay Alliance Foundation (NSAF) and focused on local efforts to spay female felines. They also created Eli's List, a charitable fund managed by the Community Foundation of Northwest Georgia that allows others to donate to their cause.

"We award grants from our fund to the National Spay Alliance to reduce an individual's out-of-pocket expense of spaying a female cat from about \$70 to \$30," Lewis says. "Owners are also charged \$10 for [post-surgery] pain medication for their pet."

To date, Eli's List has helped 500 local pet owners spay about 2,000 cats—about 330 cats a year in Whitfield and Murray counties.

"The number of cats entering the local shelters has fallen, and the death rate among cats has fallen, too," he says. "So it seems to be working."

The Lewises hope to spay 4,000 cats by Eli's List's 10-year anniversary in 2026. They also plan to expand support to include sterilization services for dogs and full funding for feral cats in trap-neuter-release programs.

Named in memory of their first house cat, Eli's List refers to a listing of cats the program has helped sterilize. The names of these cats embellish the walls of the waiting area of the NSAF's Dalton location—a tribute to the Lewises and the many lives they've helped save.

They hope others around the state will learn about Eli's List and use it as a model to reduce stray-cat populations in their own communities

"We couldn't do it without the National Spay Alliance," Lewis says. "Our mission is to end the needless euthanasia of cats in shelters due to pet overpopulation. Through Eli's List, we are getting there."

Amber Lanier Nagle is a freelance writer living in Adairsville.

For more information

National Spay Alliance Foundation nationalspayalliancefoundation.org 2518 Cleveland Hwy Unit #15 Dalton GA 30721 (706) 370-7594

Eli's List

c/o Community Foundation of Northwest Georgia communityfoundationnwga.org P.O. Box 942 Dalton GA 30721 (706) 275-9117

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